



Mark Katz, Ph.D.

Mark Katz, Ph.D., is a clinical and consulting psychologist in San Diego, California, and author of the book *On Playing a Poor Hand Well*, published by W.W. Norton and Company (1997). In the book, Mark explores the lessons learned from those who've overcome adverse childhood experiences, and discusses ways of incorporating these lessons into our existing system of care. The book is gaining a great deal of attention and praise from health care providers, educators, policy makers and others from around the country.

Mark is the recipient of the 1998 Rosenberry Award, a national award given yearly by Children's Hospital in Denver, Colorado, in recognition of an individual's contribution to the field of behavioral science. He has been both a keynote and featured speaker a number of regional and national conferences around the U.S., and continues to conduct trainings and workshops for a range of community based organizations around the country.

For the past 21 years, Mark has served as the Director of [Learning Development Services](#), an educational, psychological and neuropsychological center in San Diego, California. The center provides an array of services and resources to people of all ages (children, youth, families and adults), and also offers a variety of different ongoing seminars and trainings to individuals and groups in the San Diego area and beyond. The center is also home to the Resilience Through the Lifespan Project, a project dedicated to understanding the different ways in which people have been able to carve out meaningful and productive lives for themselves, despite having endured a range of adverse childhood experiences.

And for the past 20 years, Mark has also served as Supervising Psychologist at San Diego Center for Children, which offers residential, day treatment and partial hospitalization programs, as well as a variety of community based and school based services to children and families in the San Diego area.

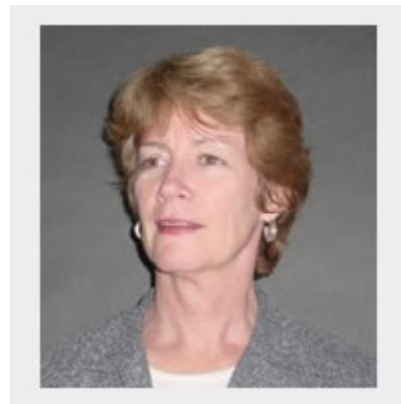
Most recently, Mark has worked with colleagues from around the country on a federally sponsored multi-year media campaign designed to increase public awareness of bullying and other forms of school violence. The campaign is also designed to increase public awareness of research validated prevention programs and practices that schools can incorporate in order to prevent and reduce bullying in particular, and other forms of hurtful and violent behavior in general.

From 2001 to 2004 Mark served as a member of the National Professional Advisory Board of CH.A.D.D. (Children and Adults With Attention Deficit Disorder). He also writes an ongoing column for Attention Magazine on innovative programs from around the U.S. that are effectively

addressing the needs of children, youth, families and adults with attention and other behavioral and learning challenges.

Dr. Sandy Newmark

Dr. Sandy Newmark is a physician with 19 years of experience in pediatrics. He received his medical degree in 1984 from the University Of Arizona College Of Medicine and three years later completed his residency there in pediatrics. He practiced as a general pediatrician in Tucson for 14 years, with a special interest in Behavioral problems such as ADHD and Autism. He then completed a 2 year fellowship in Integrative Medicine at the Program in Integrative Medicine at the University of Arizona under the leadership of Dr. Andrew Weil. He is the only graduate of this program to be in pediatric practice in the United States (at [The Center for Integrative Medicine](#) in Tucson, Arizona). Dr. Newmark has been married for 30 years and has 2 grown children.



Dr. Kathleen Nadeau

Kathleen Nadeau is Director of the [Chesapeake ADHD Center of Maryland](#) (formerly known as Chesapeake Psychological Services of Maryland). Dr. Nadeau has practiced in the Washington, DC, area for over thirty years, specializing in the diagnosis and treatment of Attention Deficit Hyperactivity Disorder (ADHD, ADD) for the majority of that time.

Dr. Nadeau is an internationally recognized authority on ADHD and has served on the national professional advisory boards of both CHADD and ADDA, the two major advocacy organizations for individuals with ADHD. She is the co-founder of the National Center for Gender Issues in ADHD, a non-profit organization dedicated to public education and professional training about the needs of girls and women with ADHD.

Dr. Nadeau has appeared on the Today Show, the Morning Show, as well as on numerous radio programs and is featured in the video ADD from the Inside Out which was broadcast on PBS. She is a frequent lecturer both in the US and abroad and provides professional training seminars on topics related to ADHD.

As Director of the [Chesapeake ADHD Center of Maryland](#) Dr. Nadeau works closely in supervision and collaboration with Chesapeake Associates. In addition, she continues her own clinical practice at the Center, with special interest in working with gifted adolescents and adults with ADHD, on career issues related to ADHD, with college and graduate students with ADHD, with women and girls with ADHD, and working with writers, entrepreneurs, and artists who struggle with issues related to ADHD.

Educational Background

- Bachelor of Arts in Psychology, University of Florida, Gainesville, FL 1966
- Master of Arts in Clinical Psychology, University Florida, Gainesville, FL 1968
- Ph.D. in Clinical Psychology, University of Florida, Gainesville, FL 1971
- Clinical Internship, St. Elizabeth's Hospital, Washington, DC 1970-1971

Professional Experience

Early in her career, Kathleen Nadeau worked in community mental health centers in Fredericksburg, Virginia and in Alexandria, Virginia, as well as in a private psychiatric hospital in Falls Church, Virginia.

Since 1976, Kathleen Nadeau has worked in private practice in the Washington, DC area including 18 years in Northern Virginia, before moving her practice to the Maryland suburbs in 1994. She co-founded Chesapeake Psychological Services in Virginia, and later created Chesapeake Psychological Services of Maryland, now known as the Chesapeake Center for Attention and Learning.

Dr. Nadeau is committed to writing, public education and the training of graduate students and mental health professionals on issues related to ADHD. Kathleen Nadeau's books are available for sale at the clinic, and can be purchased on ADDvance.com and Amazon.com as well.



Carol Gignoux

Carol Gignoux is founder and President of ADD Insights, a Massachusetts-based firm that provides coaching and training for adults with ADD (Attention Deficit Disorder) and ADHD (Attention Defi cit Hyperactivity Disorder).

A veteran educator and school administrator, Carol has spent over 34 years helping adults and adolescents with AD/HD achieve greater focus and structure in their academic, professional, and personal lives. Her speeches, workshops, and programs on AD/HD have made her a fixture in the New England area among corporate managers and executives.

Carol has worked extensively with world-renowned AD/HD expert Dr. Edward Hallowell at the Hallowell Center in Massachusetts. She has a M.A. in Education from the University of Georgia.



Sari Solden

Sari Solden is a psychotherapist in private practice in Ann Arbor, Michigan and has specialized in individual, couple and group work with AD/HD adults and their partners for the last 15 years. She has written two books: "Women with Attention Deficit Disorder" and "Journeys Through ADDulthood". She trains and is a consultant to mental health professionals about counseling adults with AD/HD. She has a special focus on women's issues, inattentive AD/HD, and the psychological complexities of coping with an adult diagnosis. She is a frequent

presenter and contributor to national and international conferences and publications on these subjects.

Sari graduated from the University of Michigan and then spent 20 years in the San Francisco Bay Area where she earned a Masters Degree in clinical counseling at California State University. She became licensed as a marriage and family therapist (LMFT) and served as the specialist on adult AD/HD for the Family Service Agency of Marin County, California. She currently serves on the professional advisory board of the National Attention Deficit Disorder Association. She was proud to have been the 1996 recipient of this association's award for outstanding service by a helping professional.